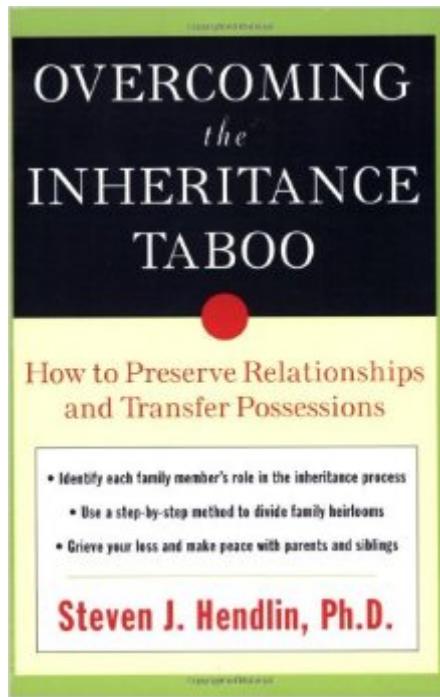


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# Overcoming The Inheritance Taboo



## **Synopsis**

Few issues facing families today are as difficult to confront as that of inheritance. It's a subject that's usually avoided until too late; and the resulting bitterness between surviving parents and siblings can be lasting and substantial. Dr. Hendlin brings his unique experience as a psychotherapist and writer on the psychology of investing to Overcoming the Inheritance Taboo. This is the first book of its kind to focus primarily on the emotional and psychological aspects of inheritance as well as on the practical. The insights it offers are enhanced by the personal experience of the author living through the inheritance process as he was writing about it. With special sections on managing grief and the importance of estate planning, Overcoming the Inheritance Taboo will prepare you and your family with the necessary tools to avoid a costly, emotionally taxing ordeal over inherited money and possessions.

## **Book Information**

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## **Customer Reviews**

The author makes an easily avoided subject more than manageable to read. At times, his writing is even absorbing, taking the reader into various intriguing family scenarios. These case histories and stories help the book flow, adding to the insightful and comprehensive information he offers on the psychology of inheritance. The book has been orgaized to make it easy for those in crisis to go directly to the chapters which will be most relevant to them. The list of the various types of giver and receiver roles was cleverly written and fun to read, in addition to offering solid information. The author gives a step by step method for dealing with the distribution of possessions which readers will find useful as a blueprint for dealing with this difficult task. Chapters on the basics of estate

planning, grieving and preserving sibling relationships after a crisis round out a thorough and enlightening examination of individual and family dynamics surrounding inheritance 'blood wars.' Adding to the style of this book was the use of highlighted paragraphs to help the reader focus on key insights and concepts. The sharing of the author's own personal experience of grieving added to his sensitivity and credibility. An excellent book to be welcomed by baby boomers (and their parents) facing the inheritance drama--and all those who want to be spared the pain that so often is part of families dealing with these issues. Relevant for all professionals dealing with the emotional side of inheritance. As one who faces estate issues from the legal side, I have been waiting a long time for a book like this to offer my clients.

Dr. Hendlin tackles a famously volatile family situation with insight and grace. His characterizations of the roles various family members play are both witty and excruciatingly accurate. The book is well-crafted structurally and at the granular level: the information is presented in an easy-to-find format, and Hendlin's writing is elegant and lucid, all of which makes it easier to ponder this difficult subject. The effect is like having a spoonful of jam with your medicine.

Dozens of helpful insights, neither morbid nor depressing . . . a must-read when one is facing the possible emotional challenges of creating a Will or Living Trust . . . or, inheriting. My niece, who along with her sisters, recently inherited a nice-sized estate, turned me down when I offered the book to her. "Oh, we won't have any problems -- it's an equal split." Now, none of the three are talking to each other anymore. My opinion - important to be receptive to the insights contained here -- as they give you a heads-up on what could happen; and ways to handle many totally unexpected situations.

I'm a female psychiatrist in private practice in the Los Angeles area. I'm seeing an increasing number of boomers coming in dealing with the emotions and family complications related to inheritance. I received an advanced copy of this excellent book and must say I'm very impressed with what Dr. Hendlin has offered. Easy to grasp, no obfuscating jargon, and interesting enough to keep you reading even when the issues are complicated and difficult. He has nicely outlined the key concerns arising before, during, and after a family crisis. His discussion of underlying psychological dynamics is creative and enlightening. This book will greatly assist the everyday reader facing these issues. I have already recommended it to a number of friends, patients, and colleagues. Thank you, Dr. Hendlin, for your original and courageous contribution.

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